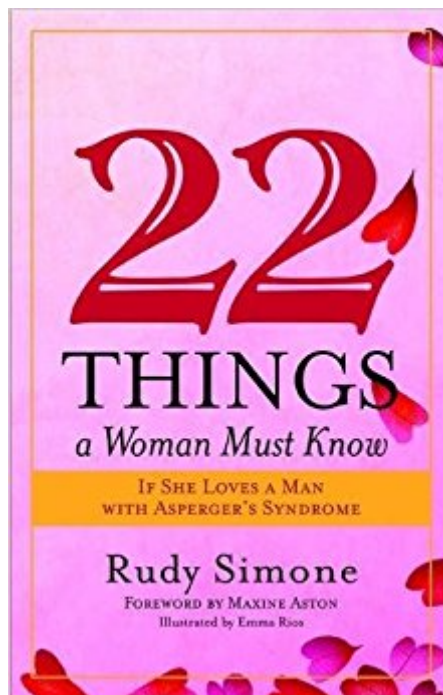




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# 22 Things A Woman Must Know If She Loves A Man With Asperger's Syndrome



## Synopsis

Although having Asperger Syndrome (AS) can make romantic relations difficult, having a fulfilling relationship with an Asperger man is certainly not impossible. A woman in love with a man with AS may interpret his difficulties with communication and socialization as a lack of interest in the relationship. He may vacillate between being gentle and caring to seeming cold and distant. She may find his behaviour hard to understand, resulting in feelings of loneliness, isolation, and confusion. This book shows how to overcome these difficulties and maintain a loving relationship with an AS partner. From an unwillingness to show affection in public or even sleep in the same bed to problems holding down a job, this book looks at 22 common traits that women may discover when they are dating, living with or married to a man with Asperger's Syndrome. Rudy Simone explores the complications of Asperger's relationships with honesty and understanding, drawing on research and personal experience to inform and advise women with AS partners. She offers helpful tips for improving the relationship and finding fulfillment both individually and as a couple. This book will help women to understand the male Asperger's mind and, equally, it can help men with AS to see things from their partner's perspective. It will also be of interest to counsellors working with couples where the male partner has Asperger's Syndrome.

## Book Information

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## Customer Reviews

"There are many books that have been written about being in a relationship with a man with AS, but I have found none to be as insightful, accurate and understanding of both perspectives as this book

by Rudy Simone. Each section of the book says it just the way it is; it is realistic, positive and unbiased." --- From the Foreword by Maxine Aston, author of *The Other Half of Asperger Syndrome*, *Aspergers in Love* and *The Asperger Couples Workbook*.

A specialized book that will bring solace and encouragement to women in relationships with AS men. (Library Journal) There are many books that have been written about being in a relationship with a man with AS, but I have found none to be as insightful, accurate and understanding of both perspectives as this book by Rudy Simone. Each section of the book says it just the way it is; it is realistic, positive and unbiased. (From the Foreword by Maxine Aston, author of *The Other Half of Asperger Syndrome*, *Aspergers in Love* and *The Asperger Couples Workbook*) The book is concise, well written, and an invaluable reference to women who are struggling in a marriage or dating relationship with an Asperger's man. (Autism and Asperger Syndrome Blog)

I am very much in love with a 59-year old man who has never been diagnosed but after knowing him for 2 years, I couldn't figure him out. I somehow became inspired to research Asperger's Syndrome (AS). I am now able to fit together this quirky puzzle and realize what an incredible and phenomenal man he truly is. I now have the knowledge to approach my relationship with him with fresh new insight knowing that we will get our Happily Ever After. I read through this book 3 times and plan to refer back to it as often as necessary. I also intend to share my new-found knowledge with the man of my dreams. I recommend this book to every woman in love with a special man with AS. Update: Now I've read it a dozen times or more and bought him his own copy. We are still not married, he is now 61 but he is indeed worth sticking around. I'm glad I can understand him. He doesn't have a temperance as described in the book but the monotonous routines and behavior are endless. I love him all the more and hope he'll take time to read this book.

I've been married to an Aspie for fifteen years. He was diagnosed several years ago, so we finally had something to pin his symptoms on. This book explains in simple language exactly what they are and how, potentially, to cope. I accept his condition, but even so, easily drift into feeling deprived waiting for the sun in a stalled, nonreciprocal, unemotional relationship. Keep this book handy as a bedside reader.

I bought this around 1 1/2 years ago when I first started dating an Aspie.... There were a few things that I could see, and I made some notes and tried to keep some things in mind... As our relationship

progressed, I kept going back to this book and seeing more and more of what Simone wrote about in our relationship.... Now that we are engaged, I have recently read it again, and actually feel a little jealous of Simone! (joke) It seems she has dated my man too, that is how on-point a lot of what she mentions is!!! I think it is great that this is written not only by a woman who is married to a man with Asperger's, but by a woman who herself has Asperger's... It really allows her to speak to the female NT partner's insecurities and concerns, but also to help you see first-hand what an Aspie mind looks like... She knows of the pain that this type of relationship has the potential to cause, but also is able to truly see where the man is coming from, and explain it in terms that make it easy to understand. For me, some of the most helpful things were her explanations for "He may do X... but it is not because of Y" -- [Y] usually being "I'm not pretty enough," "he's bored with me," "he is mad at me," "I did something wrong" etc.... She explains the motives behind why he acts the way he does, and encourages the NT woman not to be discouraged or blame herself; he just naturally talks/thinks/acts like that.

We recently discovered that my husband has Aspergers. This book spoke first to me, and then to my husband. It was like holding up a mirror and seeing ourselves. It gave me insight, and nurtured empathy and compassion for my husband. This book opened my husband's eyes to his "differability", as coined by Temple Grandin. It helped him understand how Aspergers not only affected his life, but mine as well. Anyone who suspects, or knows their partner has Aspergers should read this book. Maybe it will prevent them from experiencing the hardship and suffering we experienced. We are celebrating our 50th year of marriage. Our 51st will be better, thanks to this book.

Great book and I refer to it often. I hope others will add it to their Aspie library and get as much use from it as I do. More of a personal experiences kind of book but has a lot of info in it that will help when you need it most.

This book has answered so many of my concerns. For how long have I been feeling like I was going crazy. After reading this I'm beginning to understand maybe the tip of the iceberg that he is. But it is a beginning. I'll be doing a lot more reading on this subject. I find it fascinating and life saving at the same time.

This book read like a dictionary's describing so many of my Aspies behaviors I was laughing,

nodding my head and feeling an enormous amount of relief. He has 80% of the actions described. Amazing written so simple yet was heart breaking to realize I'll never have a NT relationship. Easier to love him more now.

A quick and straightforward read. This book is a great starting point if your partner has been diagnosed with or suspects he has Asperger's. I especially appreciated the positive spin Simone includes at the end of each point to encourage the reader to look at the positives of the syndrome. This book helped me to better understand the way my boyfriend thinks and operates while affirming my reactions and feelings to his behaviors are normal.

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